[*Gender Reveal* theme music starts]

**Molly:** Welcome to Gender Reveal. A podcast where we ask intrusive personal questions and get a little closer to understanding what the hell gender is. I’m your host and resident gender detective, Molly Woodstock.

[*Gender Reveal* theme music ends]

**Molly:** Hey everyone. Hope you’re all hanging in there. As you know, at least once every season we answer your gender questions. So this week on the show, Z and I talk about dysphoria, transmedicalists, gender exploration, transphobic bumper stickers, and more. But first, thank you so much to everyone who’s joined our Patreon in the past week. We pointed out last week that it’s a weird time for trans media, but honestly, it’s just a weird time for media. Everyone’s losing their jobs and it’s really scary, and a lot of important queer publications, and just, general national publications, local publications, really every type of media is being threatened with going under right now. So the fact that you’re willing to spend 1 or 5 or 10 or in a couple cases 40 dollars a month to support the show really means so much to me. It makes it possible to keep doing this show and to plan on a future in which I spend more time doing the show. It makes all the difference in the world and I just cannot express how much I appreciate you. If you would like to join us on Patreon, you can do that at patreon.com/gender. If you donate $5 or more I send stickers. If you spend $6 I also send a cool glittery pin you can wear. Also, thank you to all the folks who’ve bought pins from Stick to Resist, it has been helping *so* much. Every time you buy a pronoun button or a pride flag button from Stick to Resist, all of the money, 100%, goes to us. The pins are only 50 cents, which is basically free, but it adds up to a ton of money for Gender Reveal. At least a ton of money in trans terms. And uh, I just really want to thank Jery at Stick to Resist for doing this. It has been incredible. And thank you for buying all the pins! You can buy those pins at etsy.com/shop/sticktoresist. And finally, thank you so much for everyone who’s told people about the show. We don’t advertise the show and so you telling your friends is really the only way we get the word out. And it makes all of the difference so thank you so much.

[*Theymail* theme music starts]

**Molly:** A few weeks ago I mentioned that we have a new opportunity to support the show. It’s called *Theymail*. You can buy a tiny ad or a personal message and I’ll read it on the show! So this is from Moto Maid Cleaning Service in Portland, Oregon. It says:

*“Hiya folks! Moto Maid here to save the day with all the cleaning services you could need, brought to you by motorcycle! Moving out? Need a deep clean or a sprucing up? Got a scuzzy bathtub that needs polish? I’ve got you covered. Now taking applications for a grant I am offering for a gender nonconforming person in need of cleaning services. Contact* [*motorcyclemaid@gmail.com*](mailto:motorcyclemaid@gmail.com) *or Moto Maid, LLC, that’s @motomaidllc on Instagram for rates, available appointments and grant info.”*

[*Theymail* theme ends]

**Molly:** Thank you so much to Moto Maid for buying a lil message and supportin’ the show! If you would like to do that, there is a form in the show notes. And now it is time for *This Week in Gender.*

[*This Week in Gender* theme music plays]

**Molly:** This week in gender, just a quick bit of news from Scotland. Thank you so much to our friend Sasha for telling us about this. So, Scottish Athletics, which is the national governing body for athletics in Scotland, has been licensing events with nonbinary categories since 2017. That in itself is rad as heck. In 2018, Scottish athletics issued a Best Practices for race organizers posting nonbinary inclusive events which includes gender-neutral facilities and neutral, nonbinary inclusive language on forms. Now, Scottish Athletics has taken it a step further and has declared that all Scottish athletic championship events and affiliated events *must* include a nonbinary option. Scottish Athletics is the first major national governing body of sports to include a nonbinary division with a sanctioning process for events. I’m going to put a link to the full text of this declaration in the show notes, which will hopefully answer a lot of your questions about what this will look like, it’s sort of case by case. But they clearly have thought through this a lot and are trying to make it as fair and truly inclusive as possible. The announcement explicitly says that trans men and women can still compete in the men and women categories respectively and that intersex men and women can still compete in the men and women categories respectively. The announcement also makes clear that unfortunately, nonbinary athletes can’t have their performances counted towards national rankings at this time because the UK ratings platforms don’t recognize nonbinary folks. But Scottish Athletics is working to change that. Also, try saying Scottish Athletics out loud. It’s so hard for me. Is it hard for you? Or am I just struggling… Anyway. This has been *This Week in Gender.*

*[This Week in Gender* outro music plays]

[Transition music plays]

**Molly:** Z Griffler is a filmmaker, they’re an advocate for asexuality visibility and education, and they’re probably the only person who thinks that walking 15 miles a day with me in a city filled with much faster forms of transportation is a chill and good vacation. You can find them in their interview episode which came out last month.

[Transition music ends]

**Molly:** Hey, thanks for coming back on the show to tackle some listener questions!

**Z:** You know how I feel about gender. Which is, I feel too many things about it. \*both laugh\*

**Molly:** This first question...this first question is a lot?

**Z:** It’s gonna be a lot. I think we’re just gonna have to work our way through it.

\**bell rings\**

**Z:** “I follow a lot of queer trans meme accounts, which usually provide me with a lot of comfort and validity. Recently, I have noticed a trend in the memes talking about “tucutes” and “transtrenders”. Can you define those words? More important to me and my understanding is this: a lot of these accounts have been discussing how dysphoria is required for being trans, and if you do not experience dysphoria, you are cis. And that it is offensive and hurtful to the trans community to consider yourself trans if you do not experience dysphoria. I personally do experience dysphoria and I consider myself trans and nonbinary. So I cannot speak to this on a personal level. However, that language and ideology seems like it’s policing people on their gender and their bodies, which feels wrong to me. What do you think? Can you be trans and not experience dysphoria? -Shana (they/them)”

**Molly:** So I’m not sure Shana knows that this is like, extremely contentious on the entire trans internet and world.

**Z:** Hoo!

**Molly:** \*laughing\* But this is like a big old big one!

**Z**: Ummmmmmm…….Okay….

**Molly**: You know what?

**Z**: So I’m gonna start with the easy one.

**Molly**: Do it.

**Z**: Which is, what are these words? And I’m gonna just be really up front and say that they are words that are designed to invalidate people who believe that those people are trans enough to explore their gender or not be cis.

**Molly:** Yeah, so, tucutes uh, is a made-up word that describes someone who believes that you don’t need, like, physical body dysphoria to be trans, and it’s used as the opposite of truscum, which is another made-up word, uh, for people who think that you *do* need physical body dysphoria to be trans, and like, HRT and surgeries to be trans. Those folks are sometimes called transmedicalists. But anyway, tucutes was just like, a made-up word to be the opposite of a different made-up word. For two factions of trans people, I guess. Transtrenders I would say is mostly associated with like, youth. On Tumblr. It’s a perpetuation of ROGD, which we’ve talked about on the show before of the made-up concept of Rapid Onset Gender Dysphoria, which suggests that certain youth are cis but are sort of convinced that they’re trans by their peers or the media because they think it will be cool. And that’s like, you know, the concept behind transtrender and like the false belief that lots of cis kids are like pretending to be trans because they think it will make them more popular. Which is just absolutely outrageous.

**Z:** Ohhhhh yeah, ask me about that. The answer is. No.

**Molly**: I mean yeah, that’s the thing is like, can I tell you definitively that there has never on this entire earth been one kid who like, decided to pretend to be trans to be more popular? I guess I can’t prove that to you but like. Is that a trend? Is that a thing that’s happening broadly? No. It is not a thing that’s happening broadly.

**Z:** I think one thing that might be happening is people might be slightly more cool with people exploring their identities--

**Molly**: Mhmm!

**Z:** --and the expansion of what gender looks like and what it is, but I still don’t think that’s the same thing as there being this like, imaginary swath of people who are all now trans because it’s fun and cool

**Molly**: Totally. Yeah. You can have more room to experiment, and there are lots of people who, let's say, was assigned female at birth and then experimented with other gender identities and presentations and then was like, Ah! Turns out I’m actually just a gender nonconforming woman! And like that’s fine and good and that doesn’t make you a transtrender, it just means that you, like, did some work to explore your gender identity which I think is good. Like, we should all interrogate our gender identities all of the time!

**Z:** Yeah, I think people who realize or they you know, at the end of the day, they’re like, Yeah, I’m actually cis but I explored and like, I feel a more expansious sense of what it is to be, uh, the gender identity that I am, even if it’s cis, like, I think that’s good for everybody and I think it’s probably ultimately also good for the trans community. So, I’m gonna start to tackle the next big thing in this question. I wrote it four times with varying degrees of underline and bold. ***You can be trans and not experience dysphoria.***

**Molly:** Right. So, here’s what I just wanna sort of dial in on. If you define dysphoria by like, Googling “dysphoria definition,” uh, it just says, “A state of unease or generalized dissatisfaction.” So like, we probably all have that. Just, first of all, every person on earth probably has that.

**Z:** Oh yeah.

**Molly**: But second of all I think that there’s probably something that is sparking the idea that you might be trans. And that is some sort of unease or generalized dissatisfaction with being gendered the way you were assigned at birth. But! Transmedicalists or truscum, they believe this very specific type of physical dysphoria and that if you don’t like, really hate your body and wanna have like, specific surgeries to change it more in line with like, the sex--

**Z:** A binary gender

**Molly**: --of the gender that you--you know, whatever, yeah, the binary, exactly. So unless you wanna have really specific surgeries and like, hormone replacement therapy, and like do the whole nine yards, then you’re not really trans. So I think that when we say like, you don’t have to have dysphoria, my impression is what we’re saying is that you don’t have to have like physical body dysphoria. But we probably all have some sort of like, general unease with the way we’re being gendered, or we wouldn’t want to be gendered differently? Does that make sense?

**Z:** Oh yeah, I’ve got like, a lot of notes about this. So. Let’s um, walk back and, I have a lot of not great feelings about the American Psychological Association sometimes, but looking on their website of what they define the phrase transgender to mean is, it’s “an umbrella term for persons whose gender identity, gender expression, or behavior does not conform to that typically associated with the sex to which they were assigned at birth.” It doesn’t say it’s a person with dysphoria, a person experiencing gender dysphoria, and they go on to say: “According to DSM-5, people who experience intense, persistent gender noncongruence can be given the diagnosis of gender dysphoria,” however, this same website says “Some contend that the diagnosis inappropriately pathologizes gender noncongruence and should be eliminated.” So that’s one thought. Here’s my other thoughts. Going into the DSM-5 and you look at what they consider to be gender dysphoria itself, here are 3 things that they consider to be gender dysphoria that are not body dysphoria. “1: A strong desire to be another gender. 2: A strong desire to be treated as another gender. 3: A strong conviction that one has the typical feelings and reactions of another gender.” And this is the DSM-5. Like, if you’re gonna pull out the word dysphoria and say, this is the thing that it needs to be! You don’t need physical body dysphoria to be considered to have gender dysphoria.

**Molly**: Yes. Exactly. Also! I know that you and I are on the same page about this. A lot of us don’t even know that we have dysphoria until we experience gender *euphoria*.

**Z**: Oh yeah! I think that it’s incredibly hard to pin down dysphoria a lot of the times for a lot of people. Not everybody, but uh, I personally mistook dysphoria for depression and a really bad sense of robotic detachment from my body and sense of identity and purpose for most of my life. And when I started associating that with a trans identity and starting to take transition steps, I could really start to clearly recognize these things were related to dysphoria and starting to work on those things has made my life a lot better. And I think finding gender euphoria was a very helpful way of pointing out that I was dealing with dysphoria and I had no idea what I was dealing with.

**Molly**: Yeah. So… Everything you said is great. Can we just conclude that those people should fuck off and the person who asked this should just find better trans meme accounts?

**Z**: Yeah. I have a couple final thoughts that are gonna happen really quick. One. If for instance you are a uh, a transmedicalist, and somebody’s trans, and they take their steps to medically transition or whatever they have to do, and they no longer experience dysphoria, are you gonna say that they're no longer trans? Like what’s the line? Um. Those people aren’t cis. And is it a question to these people that you had to suffer to a certain degree in order to be trans enough? And continue this perpetuation of this stereotype that all trans people are sad all the time.

**Molly**: I think that’s a really good and important point I’m glad that you made it. I think that a lot of people think that being trans and having dysphoria are synonyms but a lot of trans people don’t have dysphoria because we figured our shit out!

**Z**: Um, this is just a general assertion but like, I’m trying to conceptualize what’s hurtful about being a more inclusive community? And I...I don’t know. Like. What are you gaining by trying to shame people for using the trans label and who does that benefit when you do that? Cause it’s probably not more trans people. Even if someone came up to me and said, Z, I hear all this but I really don’t think I have any dysphoria but I’m still trans as heck, I will support that person no matter what. And if they later decide that they’re actually cis, I will say congratulations for exploring your gender identity. That’s all I have to say about it.

**Molly**: Totally! Yeah. I mean, I don’t understand anyone’s feelings about gender including my own. So, I’m like never ever going to pretend to know what it means for someone else to have dysphoria or to not have dysphoria. Like those words mean different things to different people and the feelings are often like, things that you can’t articulate. So, like, it’s absolutely like none of my business if anyone else is trans?

**Z**: Yeah.

**Molly**: Who fucking cares? Alright. Two kinda similar questions. The first one--actually we have three questions about dysphoria in a row. Incredible.

Z: Wow. This is the dysphoria episode.

**Molly:** It really is! Okay. Number 2:

*\*bell rings\**

**Molly:** “I have body dysphoria related to gender. I don’t know if I want medical intervention and even if I want it I’m too broke to get it.” Relatable. “I don’t wanna hate my body as part of my gender identity. Do you have any thoughts on being body positive despite having dysphoria?”

**Z:** I think it’s really hard to practice body positivity even if people think you have like, the most ideal body I think it’s still ridiculously hard to have body positivity because society really wants us to hate our bodies all the time. And it’s just even way harder for trans people.

**Molly**: Yeah. I think there’s a couple things you can do. I think the...most helpful thing...is to focus on the cool things your body can do.

**Z:** Mhm.

**Molly**: I don’t want that to be super ableist so like, maybe it’s something like, “I can run 13 miles.” or like, “I can lift my kids up!” or “ I can do something with my dog.” Like those are all rad and cool things. But it could also be like “Wow, it’s really cool how my heart is always beating even when I’m sleeping, and I’m like, always breathing and my body is just like, carrying me through life and like, has always been doing this every single day,” and I think just like, focusing on rad shit your body does for you as opposed to like specific parts of your body that you don’t like can be helpful. I’m not saying it’s that easy to not have dysphoria but that is a thing that has helped me. And then the other thing that has helped me that might not help you is to reframe parts of your body that give you dysphoria as a trans body. So like if there's a part of your body that you associate with a gender that’s not your gender, it can help some trans people to just like, give it a different name. Like if you don’t want to have a penis there are people who are trans women who call their genitals a cunt or a girl dick or a pussy or whatever they call it, they just call it all sorts of different things! Or um. If you are a person who has breasts maybe you think of them as a trans chest but you don’t necessarily think of them as breasts. That can be helpful. To some people. I’m not trying to suggest that these two things will instantly cure everyone’s physical dysphoria but. It can help!

**Z**: Yeah! And um, you know, you can also, uh, experiment with nonmedical intervention ways of lessening specific dysphorias if possible, uh, if it works for you. It doesn’t work for everyone. Like. Some people with top dysphoria might bind or wear forms and some people with bottom dysphoria might try packing or tucking, uh, it can help a little bit and on days when things are really hard a little bit goes a long way.

\**bell rings\**

**Molly:** “I have a friend who is currently in the process of telling people that she is a woman and figuring out who she wants to be and how she wants to look. She is beautiful and I love her but her dysphoria makes that hard for her to hear. I naturally express my feelings to people verbally and I was hoping you might be able to help me with some language that might be easier for her to hear. Thanks!”

**Z:** I wish I had a little bit more information as to what specifically is hard for her to hear, but regardless I think it’s always good to ask somebody what they find comfortable and uncomfortable and try to respect that. Ask them what would help them feel better. And I also think it’s nice just, in general, to focus your positive feedback on things that people have specifically worked hard on or things that they tell you that they’re proud about.

**Molly:** Yeah, that’s something that I talk about when I’m doing inclusivity trainings, is trying to just in general, never talk about anyone’s body, just under any circumstances honestly. Um, and instead to try to focus on complementing things that people have control over or things that they’ve done. So, you know, I love your dress, or, you danced really well, you look--or! You look like you’re having a great time tonight, or like, you know, I really like the way you xyz, those things can also be easier to hear than a straight, like, you look great! You’re beautiful! You look like a woman! Congratulations! You know, like, that can be really hard.

**Z:** In general just avoid that for everybody in the world.

**Molly:** Right, yeah, it’s not just trans people. Just in general. Like, I would avoid, just really ever talking about anyone’s body.

**Z:** Yeah. Just don’t do it!

**Molly:** Yeah, even if you think it’s like a compliment, like, mmmmm, just dont...just don’t do it…

**Z**: Alright, I feel good about that one.

\**bell rings\**

**Z:** “I have a friend at school who’s nonbinary and only started telling people their pronouns, they/them, in the beginning of the school year. Many people still misgender them, and I don’t know if they want me to correct them or not. Sometimes my other friend will talk to them with the wrong pronouns in front of them. I can tell they’re uncomfortable, and I don’t know if they want me to tell my friend or if that would be overstepping. Help!”

**Molly:** So this person DM’ed me on Instagram and I immediately wrote back and was just like, You gotta talk to your friend!!!

**Z:** Just ask!!

**Molly:** Because this is really like an individual situation, where the most appropriate thing is for you to talk to your friend in private and say like, “Hey, when people misgender you how do you want me to handle it?” I’ve had it break bad for me both ways! With the same person!! Like I’ve had someone who I wanted to like, stand up for me who didn’t, and then later that person overcorrected and starting outing me to like, random cis people.

**Z:** Oh no!

**Molly:** \*laughs\* And like, neither one of those was good!

**Z:** They’re both bad!

**Molly:** Yeah! Sooo. I would just talk to your friend. But, Z, if you have anything else to add?

**Z:** Yeah, I mean, 100% ask your friend. Some people might not be comfortable correcting others in public, some people might not feel safe to do so, and some people might wish for you to talk to the other people in private when they’re not around. And all those things are totally fine but it’s such an individual thing.

**Molly:** And also, I think it can change over time so it might even be good to check back in in like 6 months or a year or something. Because I know like, my stance on that has changed over time.

**Z:** Mine too.

\**bell rings\**

**Molly: “**Do you have advice for someone exploring or questioning their gender? I’m trying not to get stressed out about it but just let myself play, be curious and see what feels right.” That was from Nat who uses he/him pronouns.

**Z:** Well, Nat, it sounds like, to me, it sounds like you have the totally right idea because I feel like curiosity is a really critical first step when you’re really just going out and exploring your gender. I like to see what feels like, really cozy and feels like, really nice and what doesn’t feel right. But I think it’s important to know that it takes a long time to even see if something is comfortable or not comfortable or like, is fine, but not quite for you. Because a lot of the times, at least in my experience when I was first questioning my gender, I still had a lot of internalized transphobia. So a lot of things felt like, oh it’s not for me, it feels silly, it feels like a costume. But then the more that I gave myself time with it, things just started to feel really great. But at the same time, some things didn’t ever feel really great. So there’s no need that you ever need to like, push yourself into like, a different quote-unquote “gender box” just because you feel, like, obliged to.

**Molly:** Yeah, I agree that you have a really great start, everything you said is something that I would suggest. Playing with things, being curious. Again, like, don’t feel like you need to get it right right away or that you need to stick with whatever you’re doing forever. I know that some cis people really want you to just come out one time, and they’re confused when they see people playing with gender or when you ask for new pronouns like, more than once. But you don’t need those people in your life anyway.

**Z:** Yup!

**Molly:** Right? Like, people who are not on board to experiment with you and are not okay with you saying like, okay, I wanna use they pronouns for a while, okay I wanna use he pronouns for a while, okay now I wanna try this name, okay now I wanna try this name, like if people aren’t down with that, then I think that you maybe need to step away from those friendships for a while. And like you can come back later, but I don’t think they’re the best people to make you feel supported right now. So, find people who do support you and who are willing to give you space to play with that and to support you as you play with things. And uh, yeah. Just keep trying different stuff and don’t expect anything to feel perfect right away necessarily. I know that I had like a very fluid gender for a couple of years and then all of a sudden it stabilized because I figured out what actually felt really good and that was great but it was definitely a journey. A gender journey, if you will!

**Z:** Ah, I do, all the time. \*both laugh\* It’s really helpful if you have supportive friends to try on different pronouns and language for you and see how you feel. Like, third person talking about you and see like if that feels good. But even that stuff can take a long time before you decide if it works for you or not. And it can change.

**Molly:** Yeah. And remember that if you misgender yourself or deadname yourself it’s super fine and normal and literally everyone does it, we just don’t talk about it that often, but everyone does it all the time. So don’t take that as a signal that you’ve done it wrong somehow.

**Z:** Yep.

**Molly:** And then the last thing I’ll say is like it is helpful to surround yourself with other trans people and queer people, uh, online, in addition to in real life, like follow a bunch of people on social media, just to remind yourself of what the options are. Because I got in a weird, like, tunnel vision where I was only following like, white, masculine of center nonbinary people who were assigned female at birth and then got top surgery, and all of a sudden like, everyone around me was getting top surgery and I felt like if I wanted to be trans or even nonbinary I had to like go on T and get top surgery, and then I like looked at all of the other nonbinary people in my life who don’t have top surgery and aren’t on T and are super nonbinary and are super wonderful and I was like, Oh, there’s more than one option actually for that gender to look. So. That was helpful for me.

**Z:** Yeah, gender’s more like a salad bar.

**Molly:** It really is! That’s a great analogy, thank you.

\**bell rings\**

**Z:** Ohhh. Here we go. “I saw a bumper sticker the other day and I’m curious if it’s inherent message is trans- or nonbinary-phobic. It was on a decommissioned hearse, which may be beside the point, and said, “I identify as a Prius.” Is this joke rooted in mean spirited reaction to people identifying as other than what their birth certificate says? I found it insulting, but I’m cisgender. I know there are much bigger battles than subtle bumper stickers, but a few of my friends said it’s not phobic, but instead funny.” That was anonymous.

**Molly:** Okay, are your friends cis or trans? Because if your friends are cis, like, literally call them out on their bullshit or get new friends. Like you have to either talk to them about their transphobia or not be friends with them, those are your two options.

**Z:** This is like literally your homework as a cis person listening to this show.

**Molly:** And! If your friends are trans, then, it’s even more fun because they get to laugh at it and you don’t.

**Z:** So true.

**Molly:** Like, I’m not saying you should laugh about it, because like, it is transphobic, but if trans people wanna laugh at like, transphobia, then whatever, they can do literally anything they want. I got in trouble recently cause I was doing a workshop and I made a joke around gender neutral language, and then later cis people made that same joke about gender neutral language and I was like, how dare you?! I was like literally publicly like “How dare you do this?” and they were like, well you made a similar joke, and I was like, oh. But I am trans. \*laughs\* I’m sorry that I confused you. Like, I can make a joke about gender neutral language but like you actually can’t do that. I’m sorry \*laughs\* so, yeah.

**Z:** Yeah, well I think part of it is because if you’re a trans person making a trans-related joke, you can understand the empathy behind it and like the absurdity behind it, but if you’re a cis person you’re just laughing at somebody’s humanity which is like, not cool.

**Molly:** Yeah.

**Z:** I mean the whole thing is just a stupid variation on the same dumb attack helicopter joke from 2014 which has always been dumb and awful. So yeah. It’s. It’s. It’s um. It’s transphobic. If trans people think it’s funny, alright.

**Molly:** I don’t think it’s funny.

**Z:** I don’t. It’s just like, come on.

**Molly:** Yeah, so. Conclusions of this episode: Anyone can be trans. Don’t talk about anyone’s bodies. Don’t make transphobic jokes. Get new friends. \*laughs\* Anything else?

**Z:** Yeah like, ask people what they want! Don’t assume, just don’t assume! Just ask them! If you’re not sure if they’re uncomfortable, just be like yo! I’m checking in privately! How do you feel? What do you want from me? How can I support you?

**Molly:** That’s literally my #1 advice for just sort of anything ever, so. Great call, Z.

[*Gender Reveal* theme music starts]

**Molly:**  That’s gonna do it for this week’s show. If you still have questions, please send them either via the Google form in the show notes or via our website, genderpodcast.com. If you send it any other form we will probably lose it, so Google form in the show notes or genderpodcast.com would be great. If you are looking for trans community, which I know a lot of you are, I super recommend joining our Slack channel, it is *so* cute and supportive. The link to that is in the show notes as well. You can also find us on Twitter and Instagram @gendereveal.

Of course, we’d super appreciate it if you supported the show via Patreon, Paypal, Cashapp, buying buttons on Stick to Resist, or more importantly just by telling folks about the show. All those links are in the show notes as well. No matter what you choose or even if you just listen and subscribe, thank you so much, it really means a lot. Today’s show was produced and edited by me, Molly Woodstock. Our logo is by Michelle Leigh, our theme song is by Breakmaster Cylinder. We’ll be back next week with more feelings about gender.

[*Gender Reveal* theme music ends]

**Molly:** Okay how much like, transmedicalist hate mail do you think we’re gonna get?

**Z:** Uhhh, I will read every single one and laugh deliciously while eating a box of Life cereal. So, bring it on.

**Molly:** Yo, now I want Life cereal.